

Background Poor air quality is a global cause of respiratory disease¹. Air pollutants including particulate matter (PM) with a diameter of 10 and 2.5 microns (PM₁₀, PM_{2.5}), oxidized nitrogen compounds (NO_x), ozone (O₃) and volatile organic compounds (VOCs) impact health. People in developed countries spend ≥80% of their time indoors^{1,2}, highlighting the importance of *indoor* air pollution on health outcomes^{3,4}. Marginalized populations, those with lower social determinants of health and urban dwellers are at higher risk of indoor exposures^{5,6}. In spite of this, indoor sources remain poorly described⁷⁻⁹. Broad categories of potential contributors include: 1. Wood-burning appliances - Approximately 20% of Canadian primary residences use wood-burning devices¹⁰, more commonly in rural and remote communities^{11,12}; 2. Natural gas - a common issue¹³, recently receiving increased public attention due to gas stove emissions^{3,14}; 3. Cooking - regardless of energy source, cooking releases PM, NO_x, CO₂, and VOCs. Methods and hood fan use can influence air quality^{13,15-17}; 4. Volatile chemical products - Indoor VOCs from scented, personal care and cleaning products, including secondary contaminants formed by chemical reactions, can be levels of magnitude higher than outdoors^{9,18-24}. These are, at best, poorly characterized^{25,26}. A 2022 American Thoracic Society workshop identified indoor air pollution as a significant knowledge gap that an initial survey of as few as 100 homes would help to address (manuscript in preparation).

Objective This interdisciplinary collaborative pilot project proposes a descriptive analysis aligning detailed home information, including appliances, household characteristics, activities, and product use with high sensitivity chemical analyses of air samples taken from each home.

Methods A consecutive sequence of homeowners participating in Canadian Institute of Public Health Inspectors Alberta-based training programs will be offered participation. Homes will be characterized through inspection results and a survey asking participants to detail appliances, household products and activities. Participants will sample air quality using a membrane passive sampler in a main household room and a silicone wristband for 2 weeks after the home inspection, then mail the samplers to the University of Alberta Department of Chemistry for analysis. Publicly available data will be used to correlate outdoor air quality by postal code. Exploratory semi-quantitative analysis of >10,000 compounds from passive sampling devices²⁷ will be performed using comprehensive two-dimensional gas chromatography – time-of-flight mass spectrometry (GC×GC-TOFMS)^{28,29}. Separated analytes will be identified based on mass spectra, retention indices with advanced scripting techniques for mass spectral interpretation^{28,29}. Descriptive analyses of study variables will be conducted in STATA version 13. Continuous outcome measures will be expressed in means +/- standard deviation (SD) for normally distributed and median +/- interquartile range (IQR) for non-normally distributed variables. Proportions and percentages will be used for categorical variables. Ethical approval will be obtained the University of Alberta Human Research Ethics Board.

Significance and impact of research Indoor air pollution has a critical influence on human health, however considerable knowledge gaps remain. Our unique and timely interdisciplinary collaboration will generate multifaceted data describing opportunities to *provide feasible options to improve population health through simple strategies including identifying products and activities that impact air quality* and builds future opportunities in this highly under-represented area of research.

Homes In Profile - Household Observation of Pollutants: the HIP-HOP Air Study 2023

Budget

Item	Unit cost	Tax	Unit total	Number	Total
<i>Sampling devices and collection</i>					
Membrane sampler - 1 per participating home + 5 controls	\$35	\$1.75	\$36.75	105	\$3,858.75
Silicone wristband - 1 per participating home + 5 controls (including preparation of sampler)	\$2.50	\$0.125	\$2.625	105	\$275.63
Postage-paid large sized envelope for returning devices - 1 per household; \$2.00 postage + \$0.50 envelope	\$2.50	\$0.125	\$2.625	100	\$262.50
<i>Chemical analyses</i>					
Analyte extraction	In-kind				
Chemical analyses	In-kind				
<i>Participant recruitment and information packages</i>					
Package preparation (paper copies) - 200	\$2.00	\$0.10	\$2.10	200	\$420.00
Dissemination to participating Canadian Institute of Public Health Inspectors training programs					\$80.00
Total					5,000.00

References

- (1) WHO Global Air Quality Guidelines: Particulate Matter (PM_{2.5} and PM₁₀), Ozone, Nitrogen Dioxide, Sulfur Dioxide and Carbon Monoxide. Executive Summary., 2021. <https://www.who.int/publications/i/item/9789240034433>.
- (2) Klepeis, N. E.; Bellettiere, J.; Hughes, S. C.; Nguyen, B.; Berardi, V.; Liles, S.; Obayashi, S.; Hofstetter, C. R.; Blumberg, E.; Hovell, M. F. Fine Particles in Homes of Predominantly Low-Income Families with Children and Smokers: Key Physical and Behavioral Determinants to Inform Indoor-Air-Quality Interventions. *PLOS ONE* **2017**, *12* (5), e0177718. <https://doi.org/10.1371/journal.pone.0177718>.
- (3) Gruenwald, T.; Seals, B. A.; Knibbs, L. D.; Hosgood, H. D. Population Attributable Fraction of Gas Stoves and Childhood Asthma in the United States. *Int. J. Environ. Res. Public Health* **2022**, *20* (1), 75. <https://doi.org/10.3390/ijerph20010075>.
- (4) Cedeño Laurent, J. G.; MacNaughton, P.; Jones, E.; Young, A. S.; Bliss, M.; Flanigan, S.; Vallarino, J.; Chen, L. J.; Cao, X.; Allen, J. G. Associations between Acute Exposures to PM_{2.5} and Carbon Dioxide Indoors and Cognitive Function in Office Workers: A Multicountry Longitudinal Prospective Observational Study. *Environ. Res. Lett.* **2021**, *16* (9), 094047. <https://doi.org/10.1088/1748-9326/ac1bd8>.
- (5) Grant, T. L.; Wood, R. A. The Influence of Urban Exposures and Residence on Childhood Asthma. *Pediatr. Allergy Immunol.* **2022**, *33* (5). <https://doi.org/10.1111/pai.13784>.
- (6) Grant, T.; Croce, E.; Matsui, E. C. Asthma and the Social Determinants of Health. *Ann. Allergy. Asthma. Immunol.* **2022**, *128* (1), 5–11. <https://doi.org/10.1016/j.anai.2021.10.002>.
- (7) Lai, H. K.; Kendall, M.; Ferrier, H.; Lindup, I.; Alm, S.; Hänninen, O.; Jantunen, M.; Mathys, P.; Colville, R.; Ashmore, M. R.; Cullinan, P.; Nieuwenhuijsen, M. J. Personal Exposures and Microenvironment Concentrations of PM_{2.5}, VOC, NO₂ and CO in Oxford, UK. *Atmos. Environ.* **2004**, *38* (37), 6399–6410. <https://doi.org/10.1016/j.atmosenv.2004.07.013>.
- (8) Weschler, C. J. Roles of the Human Occupant in Indoor Chemistry. *Indoor Air* **2016**, *26* (1), 6–24. <https://doi.org/10.1111/ina.12185>.
- (9) Carslaw, N.; Shaw, D. Secondary Product Creation Potential (SPCP): A Metric for Assessing the Potential Impact of Indoor Air Pollution on Human Health. *Environ. Sci. Process. Impacts* **2019**, *21* (8), 1313–1322. <https://doi.org/10.1039/C9EM00140A>.
- (10) *Statistics Canada Population 2016 Calgary*. <https://www12.statcan.gc.ca/census-recensement/2016/dp-pd/prof/details/page.cfm?Lang=E&Geo1=CMACA&Code1=825&Geo2=PR&Code2=48&Data=Count&SearchText=calgary&SearchType=Begins&SearchPR=01&B1=All&TABID=1> (accessed 2022-12-06).
- (11) Benoit Levesque. Wood-Burning Appliances and Indoor Air Quality. *Sci. Total Environ.* **2001**, *281*, 47–62.
- (12) Stephen, J. D.; Mabee, W. E.; Pribowo, A.; Pledger, S.; Hart, R.; Tallio, S.; Bull, G. Q. Biomass for Residential and Commercial Heating in a Remote Canadian Aboriginal Community. *Renew. Energy* **2016**, *86*, 563–575. <https://doi.org/10.1016/j.renene.2015.08.048>.
- (13) Singer, B. C.; Pass, R. Z.; Delp, W. W.; Lorenzetti, D. M.; Maddalena, R. L. Pollutant Concentrations and Emission Rates from Natural Gas Cooking Burners without and with Range Hood Exhaust in Nine California Homes. *Build. Environ.* **2017**, *122*, 215–229. <https://doi.org/10.1016/j.buildenv.2017.06.021>.

- (14) Balmes, J. R.; Holm, S. M.; McCormack, M. C.; Hansel, N. N.; Gerald, L. B.; Krishnan, J. A. Cooking with Natural Gas: Just the Facts Please. *Am. J. Respir. Crit. Care Med.* **2023**, rccm.202302-0278VP. <https://doi.org/10.1164/rccm.202302-0278VP>.
- (15) Zhao, H.; Chan, W. R.; Delp, W. W.; Tang, H.; Walker, I. S.; Singer, B. C. Factors Impacting Range Hood Use in California Houses and Low-Income Apartments. *Int. J. Environ. Res. Public Health* **2020**, *17* (23), 8870. <https://doi.org/10.3390/ijerph17238870>.
- (16) Elser, M.; Bozzetti, C.; El-Haddad, I.; Maasikmets, M.; Teinmaa, E.; Richter, R.; Wolf, R.; Slowik, J. G.; Baltensperger, U.; Prévôt, A. S. H. Urban Increments of Gaseous and Aerosol Pollutants and Their Sources Using Mobile Aerosol Mass Spectrometry Measurements. *Atmospheric Chem. Phys.* **2016**, *16* (11), 7117–7134. <https://doi.org/10.5194/acp-16-7117-2016>.
- (17) Vert, C.; Meliefste, K.; Hoek, G. Outdoor Ultrafine Particle Concentrations in Front of Fast Food Restaurants. *J. Expo. Sci. Environ. Epidemiol.* **2016**, *26* (1), 35–41. <https://doi.org/10.1038/jes.2015.64>.
- (18) Zannoni, N.; Lakey, P. S. J.; Won, Y.; Shiraiwa, M.; Rim, D.; Weschler, C. J.; Wang, N.; Ernle, L.; Li, M.; Bekö, G.; Wargocki, P.; Williams, J. The Human Oxidation Field. *Science* **2022**, *377* (6610), 1071–1077. <https://doi.org/10.1126/science.abn0340>.
- (19) Fiedler, N.; Laumbach, R.; Kelly-McNeil, K.; Liroy, P.; Fan, Z.-H.; Zhang, J.; Ottenweller, J.; Ohman-Strickland, P.; Kipen, H. Health Effects of a Mixture of Indoor Air Volatile Organics, Their Ozone Oxidation Products, and Stress. *Environ. Health Perspect.* **2005**, *113* (11), 1542–1548. <https://doi.org/10.1289/ehp.8132>.
- (20) Laumbach, R. J.; Fiedler, N.; Gardner, C. R.; Laskin, D. L.; Fan, Z.-H.; Zhang, J.; Weschler, C. J.; Liroy, P. J.; Devlin, R. B.; Ohman-Strickland, P.; Kelly-McNeil, K.; Kipen, H. M. Nasal Effects of a Mixture of Volatile Organic Compounds and Their Ozone Oxidation Products: *J. Occup. Environ. Med.* **2005**, *47* (11), 1182–1189. <https://doi.org/10.1097/01.jom.0000183338.95778.f0>.
- (21) Cohen Hubal, E. A.; Richard, A.; Aylward, L.; Edwards, S.; Gallagher, J.; Goldsmith, M.-R.; Isukapalli, S.; Tornero-Velez, R.; Weber, E.; Kavlock, R. Advancing Exposure Characterization for Chemical Evaluation and Risk Assessment. *J. Toxicol. Environ. Health Part B* **2010**, *13* (2–4), 299–313. <https://doi.org/10.1080/10937404.2010.483947>.
- (22) Richard, A. M.; Judson, R. S.; Houck, K. A.; Grulke, C. M.; Volarath, P.; Thillainadarajah, I.; Yang, C.; Rathman, J.; Martin, M. T.; Wambaugh, J. F.; Knudsen, T. B.; Kancherla, J.; Mansouri, K.; Patlewicz, G.; Williams, A. J.; Little, S. B.; Crofton, K. M.; Thomas, R. S. ToxCast Chemical Landscape: Paving the Road to 21st Century Toxicology. *Chem. Res. Toxicol.* **2016**, *29* (8), 1225–1251. <https://doi.org/10.1021/acs.chemrestox.6b00135>.
- (23) Smith, M. N.; Cohen Hubal, E. A.; Faustman, E. M. A Case Study on the Utility of Predictive Toxicology Tools in Alternatives Assessments for Hazardous Chemicals in Children’s Consumer Products. *J. Expo. Sci. Environ. Epidemiol.* **2020**, *30* (1), 160–170. <https://doi.org/10.1038/s41370-019-0165-y>.
- (24) Weisel, C. P.; Zhang, J.; Turpin, B. J.; Morandi, M. T.; Colome, S.; Stock, T. H.; Spektor, D. M.; Korn, L.; Winer, A. M.; Kwon, J.; Meng, Q. Y.; Zhang, L.; Harrington, R.; Liu, W.; Reff, A.; Lee, J. H.; Alimokhtari, S.; Mohan, K.; Shendell, D.; Jones, J.; Farrar, L.; Maberti, S.; Fan, T. Relationships of Indoor, Outdoor, and Personal Air (RIOPA). Part I. Collection Methods and Descriptive Analyses. *Res. Rep. Health Eff. Inst.* **2005**, No. 130 Pt 1, 1–107; discussion 109-127.

- (25) Coggon, M. M.; Gkatzelis, G. I.; McDonald, B. C.; Gilman, J. B.; Schwantes, R. H.; Abuhassan, N.; Aikin, K. C.; Arend, M. F.; Berkoff, T. A.; Brown, S. S.; Campos, T. L.; Dickerson, R. R.; Gronoff, G.; Hurley, J. F.; Isaacman-VanWertz, G.; Koss, A. R.; Li, M.; McKeen, S. A.; Moshary, F.; Peischl, J.; Pospisilova, V.; Ren, X.; Wilson, A.; Wu, Y.; Trainer, M.; Warneke, C. Volatile Chemical Product Emissions Enhance Ozone and Modulate Urban Chemistry. *Proc. Natl. Acad. Sci.* **2021**, *118* (32), e2026653118. <https://doi.org/10.1073/pnas.2026653118>.
- (26) McDonald, B. C.; de Gouw, J. A.; Gilman, J. B.; Jathar, S. H.; Akherati, A.; Cappa, C. D.; Jimenez, J. L.; Lee-Taylor, J.; Hayes, P. L.; McKeen, S. A.; Cui, Y. Y.; Kim, S.-W.; Gentner, D. R.; Isaacman-VanWertz, G.; Goldstein, A. H.; Harley, R. A.; Frost, G. J.; Roberts, J. M.; Ryerson, T. B.; Trainer, M. Volatile Chemical Products Emerging as Largest Petrochemical Source of Urban Organic Emissions. *Science* **2018**, *359* (6377), 760–764. <https://doi.org/10.1126/science.aaq0524>.
- (27) Kim, H.; Kang, K.; Kim, T. Measurement of Particulate Matter (PM_{2.5}) and Health Risk Assessment of Cooking-Generated Particles in the Kitchen and Living Rooms of Apartment Houses. *Sustainability* **2018**, *10* (3), 843. <https://doi.org/10.3390/su10030843>.
- (28) Almstetter, M. F.; Oefner, P. J.; Dettmer, K. Comprehensive Two-Dimensional Gas Chromatography in Metabolomics. *Anal. Bioanal. Chem.* **2012**, *402* (6), 1993–2013. <https://doi.org/10.1007/s00216-011-5630-y>.
- (29) Higgins Keppeler, E. A.; Jenkins, C. L.; Davis, T. J.; Bean, H. D. Advances in the Application of Comprehensive Two-Dimensional Gas Chromatography in Metabolomics. *TrAC Trends Anal. Chem.* **2018**, *109*, 275–286. <https://doi.org/10.1016/j.trac.2018.10.015>.